



## THE GOOD LIFE

These simple fresh dishes will add a healthy twist to summer entertaining

### THAI BEEF SALAD

(Serves 4–6)

#### CHILLED

- ☐ 350g beef fillet
- ☐ 60ml soy sauce
- ☐ 45ml plum or sweet chilli sauce

#### FRESH

- ☐ 1 garlic clove
- ☐ 300g assorted vegetables, such as baby corn, carrot ribbons, rocket leaves, sugar snap peas, red onion slices, radishes

- ☐ 100g fresh bean sprouts
- ☐ 50g small assorted green salad leaves
- ☐ 30ml fresh mint and fresh coriander
- ☐ 1–2 red chillies, finely sliced (optional)

#### STORE CUPBOARD

- ☐ 20ml sesame oil
- ☐ 15ml pickled ginger
- ☐ 30ml sesame seeds
- ☐ 30ml rice vinegar