



BOWLED OVER

These spicy one-bowl dishes take midweek entertaining to a new level

SPICY CHICKPEA SOUP WITH CORIANDER PESTO

(Serves 6)

CHILLED

- 60ml Parmesan cheese

FRESH

- 10 fresh sage leaves
- 30ml fresh coriander leaves
- 1 cup kale or spinach leaves
- 1 onion
- 2 cloves garlic
- 1 large carrot
- 500g butternut
- 750ml vegetable or chicken stock

STORE CUPBOARD

- 85ml olive oil
- 40ml shelled pistachio or macadamia nuts, dry roasted
- salt and freshly milled black pepper
- 45ml olive oil
- 10ml ground coriander
- 10–15ml harissa paste
- 1 (410g) can tomatoes
- 15ml tomato paste
- 2 (410g) cans chickpeas
- 5ml paprika

DUKKAH BREADSTICKS

(Serves 6)

FRESH

- 10–12 ready-made breadsticks

STORE CUPBOARD

- 10ml olive oil
- 30ml dukkah